

# Washington State Senior Games - Records (2001 through 2024)

## Archery

### ARCHERY - BAREBOW COMPOUND - WOMEN

|       |                   |     |      |
|-------|-------------------|-----|------|
| 50-54 | Mary E Nations    | 644 | 2005 |
| 55-59 | Mary E Nations    | 614 | 2006 |
| 65-69 | Rebecca B Jackson | 656 | 2008 |

### ARCHERY - BAREBOW COMPOUND - MEN

|       |                |     |      |
|-------|----------------|-----|------|
| 55-59 | John R Templar | 768 | 2005 |
| 60-64 | John R Templar | 780 | 2009 |
| 65-69 | John B Paddock | 751 | 2004 |
| 70-74 | John B Paddock | 727 | 2008 |
| 75-79 | John B Paddock | 727 | 2011 |
| 80-84 | Clint Axford   | 736 | 2007 |

### ARCHERY - BAREBOW RECURVE - WOMEN

|       |                     |     |      |
|-------|---------------------|-----|------|
| 50-54 | Sara Lorimer        | 642 | 2022 |
| 55-59 | Kristin L Crabtree  | 284 | 2022 |
| 60-64 | Julie Robinson      | 625 | 2024 |
| 65-69 | Pam S Layng         | 740 | 2022 |
| 70-74 | Charlene E Shelfer  | 706 | 2022 |
| 75-79 | Charlene E Shelfer  | 625 | 2024 |
| 80-84 | Elisabeth C Johnson | 637 | 2013 |

### ARCHERY - BAREBOW RECURVE - MEN

|       |                  |     |      |
|-------|------------------|-----|------|
| 50-54 | Ryan S Rossing   | 713 | 2021 |
| 55-59 | Kyle W McCormack | 787 | 2024 |
| 60-64 | Steve B Kaufman  | 712 | 2024 |
| 65-69 | Michael H Poole  | 691 | 2018 |
| 70-74 | John W Warns     | 695 | 2024 |
| 75-79 | Robert E Shelfer | 609 | 2023 |
| 80-84 | Hugh F Lewis     | 419 | 2008 |
| 85-89 | Hugh F Lewis     | 351 | 2011 |

### ARCHERY - COMPOUND FINGERS - WOMEN

|       |                 |     |      |
|-------|-----------------|-----|------|
| 50-54 | Linda F Parker  | 817 | 2004 |
| 55-59 | Linda F Parker  | 807 | 2008 |
| 60-64 | Teko C Phillips | 755 | 2009 |
| 65-69 | Darlene M Houk  | 367 | 2006 |

### ARCHERY - COMPOUND FINGERS - MEN

|       |                |     |      |
|-------|----------------|-----|------|
| 50-54 | Kent H Russell | 854 | 2004 |
| 55-59 | Kent H Russell | 846 | 2007 |
| 60-64 | Jim Stanek     | 857 | 2004 |
| 65-69 | TC Parker      | 787 | 2001 |
| 70-74 | Jim A Hulse    | 811 | 2019 |
| 75-79 | Gary E Moore   | 759 | 2019 |

### ARCHERY - COMPOUND RELEASE - WOMEN

|       |                     |     |      |
|-------|---------------------|-----|------|
| 50-54 | Shawn M Wood        | 881 | 2022 |
| 55-59 | Christina M Davis   | 881 | 2024 |
| 60-64 | Sandi M Comer       | 836 | 2014 |
| 65-69 | Joanne M Hiersch    | 801 | 2001 |
| 70-74 | Diana M Watts       | 755 | 2012 |
| 85-89 | Elisabeth C Johnson | 625 | 2017 |
| 90-94 | Elisabeth C Johnson | 662 | 2019 |

### ARCHERY - COMPOUND RELEASE - MEN

|       |                    |     |      |
|-------|--------------------|-----|------|
| 50-54 | Rick A Morgan      | 882 | 2010 |
| 55-59 | John I Soper       | 884 | 2005 |
|       | Tim G Davis        | 884 | 2024 |
| 60-64 | William G McKinnon | 881 | 2010 |
| 65-69 | Rick A Morgan      | 880 | 2024 |
| 70-74 | Donald S Kudlacek  | 864 | 2004 |
| 75-79 | Donald S Kudlacek  | 865 | 2008 |
| 80-84 | Leroy Dukes        | 798 | 2022 |

### ARCHERY - RECURVE - WOMEN

|       |                   |     |      |
|-------|-------------------|-----|------|
| 55-59 | Vonda R Kemmerer  | 767 | 2014 |
| 60-64 | Martha E Anderson | 731 | 2021 |
| 65-69 | Alexandra Garland | 753 | 2023 |
| 70-74 | Terese M Mikkola  | 714 | 2018 |

### ARCHERY - RECURVE - MEN

|       |                  |     |      |
|-------|------------------|-----|------|
| 50-54 | Steven M Coleman | 812 | 2011 |
| 55-59 | Wesley K Wilhelm | 801 | 2013 |
| 60-64 | Fred D Julian    | 805 | 2006 |
| 65-69 | Fred D Julian    | 775 | 2012 |
| 70-74 | Fred D Julian    | 788 | 2018 |
| 75-79 | Fred D Julian    | 786 | 2021 |
| 80-84 | Dan W Free       | 594 | 2019 |

## Basketball

### BASKETBALL - FREE THROW COMPETITION - WOMEN

|       |                   |    |      |
|-------|-------------------|----|------|
| 50-54 | Cristela Escareno | 19 | 2012 |
|       | Maria K Joyce     | 19 | 2016 |
| 55-59 | Lois Ann Marler   | 21 | 2017 |
| 60-64 | Janet Graham      | 19 | 2019 |
| 65-69 | Nancy Nerenberg   | 23 | 2021 |
| 70-74 | Gidget R Voss     | 19 | 2018 |
| 75-79 | Edythe A Hulet    | 14 | 2016 |
| 80-84 | Edythe A Hulet    | 10 | 2018 |
| 85-89 | Edythe A Hulet    | 1  | 2023 |
|       | Hilda E Zimmerman | 1  | 2011 |

### BASKETBALL - FREE THROW COMPETITION - MEN

|       |                 |    |      |
|-------|-----------------|----|------|
| 50-54 | Brent Hampton   | 25 | 2011 |
|       | Steve C Moore   | 25 | 2011 |
| 55-59 | Steve C Moore   | 24 | 2013 |
|       | Kim M Atwater   | 24 | 2011 |
|       | Kim M Atwater   | 24 | 2015 |
|       | Kim M Atwater   | 24 | 2013 |
|       | Jack M Soliday  | 24 | 2007 |
| 60-64 | Jack M Soliday  | 24 | 2014 |
|       | Jack M Soliday  | 24 | 2013 |
|       | Jack M Soliday  | 24 | 2012 |
|       | Jack M Soliday  | 24 | 2010 |
|       | Kim M Atwater   | 24 | 2017 |
|       | Kim M Atwater   | 24 | 2018 |
|       | Rodney Thornley | 24 | 2012 |
| 65-69 | Jack M Soliday  | 25 | 2016 |
|       | Dennis O Oman   | 25 | 2008 |
| 70-74 | David A Yokers  | 25 | 2011 |
| 75-79 | Charles Bispala | 22 | 2005 |
| 80-84 | Bob McCoid      | 21 | 2021 |

# Washington State Senior Games - Records (2001 through 2024)

## BASKETBALL - HOT SHOT COMPETITION - WOMEN

|       |                    |    |      |
|-------|--------------------|----|------|
| 50-54 | Kristi Wilson      | 46 | 2017 |
| 55-59 | Heidi Ranger-Geh   | 37 | 2024 |
|       | Teresa Janssen     | 37 | 2015 |
| 60-64 | Shannon G Houlihan | 36 | 2023 |
| 65-69 | Nancy Nerenberg    | 46 | 2021 |
| 70-74 | Gidget R Voss      | 35 | 2018 |
| 75-79 | Edythe A Hulet     | 27 | 2015 |
| 80-84 | Edythe A Hulet     | 19 | 2018 |
| 85-89 | Hilda E Zimmerman  | 1  | 2011 |

## BASKETBALL - HOT SHOT COMPETITION - MEN

|       |                    |    |      |
|-------|--------------------|----|------|
| 50-54 | Kim M Atwater      | 62 | 2007 |
| 55-59 | Jack M Soliday     | 56 | 2009 |
| 60-64 | Kim M Atwater      | 62 | 2017 |
| 65-69 | Doug Watson        | 66 | 2017 |
| 70-74 | David A Yokers     | 62 | 2012 |
| 75-79 | Alan R Spady       | 47 | 2017 |
| 80-84 | Jerry W Spoonemore | 38 | 2019 |

## Bowling

### BOWLING - SINGLES - WOMEN

|       |                       |     |      |
|-------|-----------------------|-----|------|
| 50-54 | Valerie R Elliott     | 557 | 2004 |
| 55-59 | Valerie R Elliott     | 564 | 2006 |
| 60-64 | Jean M Malcolm        | 671 | 2019 |
| 65-69 | Valerie R Elliott     | 587 | 2015 |
| 70-74 | Carole M Hauth        | 522 | 2002 |
| 75-79 | Linda L Newman Henson | 606 | 2024 |
| 80-84 | Jane Townsend         | 499 | 2010 |
| 85-89 | Jane Townsend         | 450 | 2014 |
| 90-94 | Jane Townsend         | 352 | 2019 |

### BOWLING - SINGLES - MEN

|       |                   |     |      |
|-------|-------------------|-----|------|
| 50-54 | Don G Becker      | 681 | 2002 |
| 55-59 | Chris A Lamb      | 704 | 2024 |
| 60-64 | Don G Becker      | 687 | 2015 |
| 65-69 | Carlos Garcia     | 732 | 2003 |
| 70-74 | Carlos Garcia     | 711 | 2008 |
| 75-79 | Roy C Rice        | 706 | 2014 |
| 80-84 | Roy C Rice        | 707 | 2016 |
| 85-89 | Cleve B Overall   | 613 | 2023 |
| 90-94 | R. Leonard Krause | 551 | 2011 |
| 95-99 | R. Leonard Krause | 475 | 2015 |

### BOWLING - DOUBLES - WOMEN'S DOUBLES

|       |                     |     |      |
|-------|---------------------|-----|------|
| 50-54 | Yu / Schwartz       | 717 | 2008 |
| 55-59 | Bortoluzi / Sigmond | 915 | 2014 |
| 60-64 | Hoffman / Casey     | 985 | 2014 |
| 65-69 | Pfaff / Durkee      | 974 | 2014 |
| 70-74 | Ross / Dean         | 917 | 2014 |
| 75-79 | Needham / Crawford  | 859 | 2010 |

### BOWLING - DOUBLES - MEN'S DOUBLES

|       |                      |      |      |
|-------|----------------------|------|------|
| 50-54 | Rhoads / Day         | 1295 | 2010 |
| 55-59 | Davis / Compton      | 1341 | 2015 |
| 60-64 | B. Smith / R. Rice   | 1350 | 2016 |
| 65-69 | Boeck / Becker       | 1262 | 2016 |
| 70-74 | Ross / Rhoads        | 1192 | 2010 |
| 75-79 | Dean / Fucal         | 1029 | 2013 |
| 80-84 | R. Rice / J. Knittle | 1058 | 2017 |

## BOWLING - MIXED DOUBLES - MIXED DOUBLES

|       |                            |      |      |
|-------|----------------------------|------|------|
| 50-54 | B. Kempf / T. Drescher     | 1116 | 2019 |
| 55-59 | N. Bergmanis / M. Compton  | 1182 | 2018 |
|       | Elliott / Compton          | 1182 | 2015 |
| 60-64 | Elliott / Myers            | 1236 | 2010 |
| 65-69 | Armour / Garcia Jr.        | 1202 | 2006 |
| 70-74 | Armour / Garcia Jr.        | 1282 | 2007 |
| 75-79 | Leslie / Leslie            | 918  | 2006 |
| 80-84 | Harris / Cantwell          | 869  | 2007 |
| 85-89 | Townsend / Blackburn       | 1048 | 2014 |
| 90-94 | J. Townsend / N. Blackburn | 716  | 2019 |

## Cowboy Action Shooting

### COWBOY ACTION SHOOTING - B-WESTERN - WOMEN

|       |               |        |      |
|-------|---------------|--------|------|
| 65-69 | Waneta Dalton | 181.17 | 2017 |
| 70-74 | Waneta Dalton | 233.01 | 2021 |

### COWBOY ACTION SHOOTING - B-WESTERN - MEN

|       |               |        |      |
|-------|---------------|--------|------|
| 55-59 | Kevin P Witte | 137.12 | 2016 |
| 60-64 | Kevin P Witte | 127.22 | 2018 |
| 65-69 | Kevin P Witte | 144.81 | 2024 |
| 70-74 | Bill W Dalton | 173.34 | 2016 |
| 75-79 | Bill W Dalton | 173.37 | 2021 |

### COWBOY ACTION SHOOTING - CLASSIC COWBOY - MEN

|       |                     |        |      |
|-------|---------------------|--------|------|
| 65-69 | Mike O Mullin       | 200.33 | 2024 |
| 70-74 | Hugh I Gesher       | 244.69 | 2021 |
| 80-84 | Robert M Balderston | 339.78 | 2023 |

### COWBOY ACTION SHOOTING - DUELIST - WOMEN

|       |                 |        |      |
|-------|-----------------|--------|------|
| 60-64 | Chris Steinmetz | 399.38 | 2012 |
|-------|-----------------|--------|------|

### COWBOY ACTION SHOOTING - DUELIST - MEN

|       |                 |        |      |
|-------|-----------------|--------|------|
| 50-54 | Russell A Holm  | 306.98 | 2011 |
| 55-59 | Butch J Kingery | 230.55 | 2013 |
| 60-64 | Dale E Gigstead | 174.53 | 2016 |
| 65-69 | Robert J Ostrom | 165.73 | 2012 |
| 70-74 | William R Parr  | 206.89 | 2010 |
| 75-79 | Harold S Brown  | 206.36 | 2021 |
| 80-84 | Paul A Mark     | 348.91 | 2012 |

### COWBOY ACTION SHOOTING - GUNFIGHTER - WOMEN

|       |                       |        |      |
|-------|-----------------------|--------|------|
| 55-59 | Irene L Hertwig       | 235.20 | 2009 |
| 65-69 | Stephanie K Siverling | 226.47 | 2017 |

### COWBOY ACTION SHOOTING - GUNFIGHTER - MEN

|       |                 |        |      |
|-------|-----------------|--------|------|
| 55-59 | Derek C Mirkle  | 197.50 | 2012 |
| 60-64 | Mark Rogers     | 149.31 | 2018 |
| 65-69 | Mark Rogers     | 152.65 | 2021 |
| 70-74 | Jim F Dickerman | 172.41 | 2019 |
| 75-79 | Jim F Dickerman | 192.58 | 2024 |

### COWBOY ACTION SHOOTING - OPEN BLACK POWDER - WOMEN

|       |                 |        |      |
|-------|-----------------|--------|------|
| 60-64 | Chris Steinmetz | 448.81 | 2013 |
|-------|-----------------|--------|------|

### COWBOY ACTION SHOOTING - OPEN BLACK POWDER - MEN

|       |                |        |      |
|-------|----------------|--------|------|
| 55-59 | Karl R Mayer   | 201.90 | 2012 |
| 60-64 | Karl R Mayer   | 165.10 | 2017 |
| 65-69 | Karl R Mayer   | 191.26 | 2018 |
| 70-74 | Gordon Huggins | 347.72 | 2009 |

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## COWBOY ACTION SHOOTING - TRADITIONAL - WOMEN

|       |                       |        |      |
|-------|-----------------------|--------|------|
| 50-54 | Jennifer J O'Halloran | 233.27 | 2019 |
| 55-59 | Martha J Jacobson     | 163.72 | 2017 |
| 60-64 | Stephanie K Siverling | 165.14 | 2010 |
| 65-69 | Beth Gilliam          | 164.98 | 2019 |
| 70-74 | Sandra L Davidson     | 162.60 | 2017 |
| 75-79 | Sandra L Davidson     | 222.19 | 2023 |
| 80-84 | Iras R Gabryelewicz   | 499.48 | 2009 |

## COWBOY ACTION SHOOTING - TRADITIONAL - MEN

|       |                     |        |      |
|-------|---------------------|--------|------|
| 50-54 | Andy Schmidt        | 103.99 | 2023 |
| 55-59 | Matthew L Randolph  | 110.30 | 2024 |
| 60-64 | Russell K Siverling | 130.09 | 2012 |
| 65-69 | David L Gilliam     | 110.84 | 2019 |
| 70-74 | John W Davidson     | 117.94 | 2019 |
| 75-79 | Russell K Siverling | 129.62 | 2024 |
| 80-84 | Jack A Spohn        | 156.57 | 2018 |
| 85-89 | Jack A Spohn        | 171.74 | 2021 |
| 90-94 | Daniel G Plummer    | 310.38 | 2021 |

## Cycling

### CYCLING - 5 K TIME TRIAL - WOMEN

|       |                  |          |      |
|-------|------------------|----------|------|
| 50-54 | Sile Kiernan     | 7:37.2   | 2008 |
| 55-59 | Beth S Graff     | 7:43.59  | 2014 |
| 60-64 | Barbara L Wilkie | 8:57.39  | 2014 |
| 65-69 | Susan C Shell    | 8:53     | 2002 |
| 70-74 | Lynn Van Lierop  | 10:10.5  | 2013 |
| 75-79 | Leah T Tarleton  | 10:19.0  | 2012 |
| 80-84 | Leah T Tarleton  | 10:16.82 | 2014 |

### CYCLING - 5 K TIME TRIAL - MEN

|       |                    |         |      |
|-------|--------------------|---------|------|
| 50-54 | Tom Potter         | 7:02.2  | 2008 |
| 55-59 | Tom Potter         | 6:53.9  | 2013 |
| 60-64 | Alastair S Lockett | 7:09.43 | 2014 |
| 65-69 | James V Noonan     | 7:36.0  | 2012 |
| 70-74 | Bob J Kaye         | 7:55.0  | 2008 |
| 75-79 | Bob J Kaye         | 8:11.0  | 2012 |
| 80-84 | Albert C Piemme    | 8:57.3  | 2013 |

### CYCLING - 5K TIME TRIAL - RECUMBENT TRIKE - MEN

|       |                     |          |      |
|-------|---------------------|----------|------|
| 60-64 | Christopher T Dixon | 12:13.75 | 2024 |
|-------|---------------------|----------|------|

### CYCLING - 10 K TIME TRIAL - WOMEN

|       |                    |          |      |
|-------|--------------------|----------|------|
| 50-54 | Beth S Graff       | 15:58.0  | 2008 |
| 55-59 | Beth S Graff       | 16:44.69 | 2014 |
| 60-64 | Catherine M Renaud | 17:40.2  | 2008 |
| 65-69 | Kathleen M Pratt   | 17:16.67 | 2014 |
| 70-74 | Lynn Van Lierop    | 22:53.2  | 2013 |
| 75-79 | Leah T Tarleton    | 24:10.3  | 2010 |
| 80-84 | Leah T Tarleton    | 23:49.75 | 2014 |

### CYCLING - 10 K TIME TRIAL - MEN

|       |                     |         |      |
|-------|---------------------|---------|------|
| 50-54 | Jeffrey D Patterson | 14:27   | 2002 |
| 55-59 | Alastair S Lockett  | 14:12.0 | 2007 |
| 60-64 | Richard B Young     | 15:25.0 | 2007 |
| 65-69 | Roger A Johnson     | 15:42.0 | 2007 |
| 70-74 | Bob J Kaye          | 16:07.4 | 2008 |
| 75-79 | Bob J Kaye          | 18:00.0 | 2012 |
| 80-84 | Albert C Piemme     | 19:06.0 | 2012 |

## CYCLING - 10K TIME TRIAL - RECUMBENT TRIKE - MEN

|       |                     |          |      |
|-------|---------------------|----------|------|
| 60-64 | Christopher T Dixon | 23:04.19 | 2024 |
| 65-69 | Kevin M Paddock     | 29:24.92 | 2024 |

## Disc Golf

### DISC GOLF - TWO 18-HOLE ROUNDS - WOMEN

|       |                 |     |      |
|-------|-----------------|-----|------|
| 55-59 | Allison E Crane | 156 | 2019 |
| 60-64 | Allison E Crane | 124 | 2024 |
| 65-69 | Rhonda K Snyder | 166 | 2022 |
| 70-74 | Karen L Herr    | 126 | 2024 |

### DISC GOLF - TWO 18-HOLE ROUNDS - MEN

|       |                  |     |      |
|-------|------------------|-----|------|
| 50-54 | Ron Mongeon      | 84  | 2024 |
|       | Tim C Fehrenbach | 84  | 2024 |
| 55-59 | Tim W Martin     | 83  | 2024 |
| 60-64 | Dave Shircore    | 86  | 2024 |
| 65-69 | Chris Fry        | 93  | 2024 |
| 70-74 | David A Wilkins  | 83  | 2024 |
|       | Mike A Holtzclaw | 83  | 2024 |
| 75-79 | Barry L Fischer  | 119 | 2018 |
| 80-84 | Carroll D Marty  | 169 | 2018 |

## Golf

### GOLF - 18 HOLE TOURNAMENT - WOMEN

|       |                  |    |      |
|-------|------------------|----|------|
| 50-54 | Jan Yu           | 67 | 2013 |
| 55-59 | Mary Jo Rice     | 68 | 2010 |
| 60-64 | Mary A Dart      | 62 | 2013 |
| 65-69 | Carol A Frahm    | 66 | 2014 |
| 70-74 | Diane B Jackson  | 67 | 2013 |
| 75-79 | Mary Ellin Stark | 75 | 2014 |

### GOLF - 18 HOLE TOURNAMENT - MEN

|       |                    |      |      |
|-------|--------------------|------|------|
| 50-54 | Virgil Sweeney     | 65.8 | 2019 |
| 55-59 | Phil M Christensen | 65.7 | 2019 |
| 60-64 | Jim B Dart         | 65   | 2014 |
|       | Tom N Higgins      | 65   | 2008 |
| 65-69 | Don G Becker       | 61.0 | 2017 |
| 70-74 | Herb Bailey        | 61.8 | 2019 |
| 75-79 | Larry Bertholf     | 63.0 | 2019 |
| 80-84 | Doug Barrett       | 69.1 | 2015 |
| 85-89 | Michael J Cundari  | 74   | 2011 |
| 90-94 | Michael J Cundari  | 76.7 | 2018 |
| 95-99 | Michael J Cundari  | 88.0 | 2022 |

## Power Walking

### POWER WALKING - 1500 METER - WOMEN

|         |                    |          |      |
|---------|--------------------|----------|------|
| 100-104 | Raymonde Brown     | 20:44.80 | 2023 |
| 50-54   | Dora W Choi        | 10:43.22 | 2016 |
| 55-59   | Jodie L Bolt       | 10:18.86 | 2022 |
| 60-64   | Donna M Beard      | 10:23.16 | 2024 |
| 65-69   | Nancy Watchie      | 10:41.01 | 2024 |
| 70-74   | Diane L Johnson    | 10:43.61 | 2015 |
| 75-79   | Diane L Johnson    | 11:51.23 | 2019 |
| 80-84   | Marlene A Knechtel | 12:51.2  | 2018 |
| 85-89   | Marlene A Knechtel | 12:42.30 | 2019 |

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## POWER WALKING - 1500 METER - MEN

|       |                   |          |      |
|-------|-------------------|----------|------|
| 55-59 | Peigen Jiang      | 10:15.76 | 2022 |
| 60-64 | Rob A Lafever     | 10:38.43 | 2024 |
| 65-69 | Dan Austad        | 10:29.73 | 2015 |
| 70-74 | Michael S Devaney | 10:18.69 | 2022 |
| 75-79 | Bill Slater       | 11:08.4  | 2018 |
| 80-84 | Marcus Wood       | 11:30.07 | 2024 |
| 85-89 | Richard O Zerbe   | 11:20.81 | 2023 |
| 90-94 | Mackway K Vieira  | 13:52.35 | 2024 |

## Race Walk

### RACE WALK - 1500 M - WOMEN

|       |                      |          |      |
|-------|----------------------|----------|------|
| 50-54 | Debra L Bridges      | 8:58.65  | 2018 |
| 55-59 | Linda G Postenrieder | 9:40.44  | 2018 |
| 60-64 | Suzanne B Sharp      | 9:36.29  | 2016 |
| 65-69 | Suzanne B Sharp      | 9:18.78  | 2018 |
| 70-74 | Suzanne B Sharp      | 10:12.32 | 2024 |
| 75-79 | Darlene Backlund     | 12:04.98 | 2024 |
| 80-84 | Diane L Johnson      | 12:59.35 | 2023 |
| 85-89 | Lisbeth H Naber      | 19:16.04 | 2016 |

### RACE WALK - 1500 M - MEN

|       |                  |          |      |
|-------|------------------|----------|------|
| 50-54 | Brent Marsden    | 8:37.8   | 2004 |
| 55-59 | Rob Frank        | 7:45.03  | 2011 |
| 60-64 | Rob Frank        | 7:53.28  | 2012 |
| 65-69 | Richard O Zerbe  | 8:28.4   | 2004 |
| 70-74 | George I Opsahl  | 8:48.69  | 2011 |
| 75-79 | Edwin R Anderson | 9:42.05  | 2019 |
| 80-84 | Richard O Zerbe  | 10:53.99 | 2018 |
| 85-89 | Floyd A Smith    | 11:25.34 | 2018 |

### RACE WALK - 5 K - WOMEN

|       |                      |          |      |
|-------|----------------------|----------|------|
| 50-54 | Debra L Bridges      | 31:16.9  | 2018 |
| 55-59 | Linda G Postenrieder | 31:58.9  | 2018 |
| 60-64 | Diane L Johnson      | 33:40.6  | 2007 |
| 65-69 | Suzanne B Sharp      | 33:43.4  | 2018 |
| 70-74 | Diana M Thurman      | 36:21.9  | 2018 |
| 75-79 | Diana M Thurman      | 37:57.33 | 2022 |

### RACE WALK - 5 K - MEN

|       |                  |         |      |
|-------|------------------|---------|------|
| 50-54 | Terry M Buchanan | 30:57.3 | 2002 |
| 55-59 | Rob Frank        | 26:55.8 | 2011 |
| 60-64 | Rob Frank        | 27:54.9 | 2012 |
| 65-69 | Stan Chraminski  | 29:13.3 | 2012 |
| 70-74 | George I Opsahl  | 31:18.2 | 2011 |
| 75-79 | Edwin R Anderson | 32:46.1 | 2018 |
| 80-84 | Ron C MacPike    | 37:18.5 | 2013 |

## Road Run

### ROAD RUN - 5 K - WOMEN

|       |                 |          |      |
|-------|-----------------|----------|------|
| 50-54 | Eva Bertalan    | 21:46.20 | 2024 |
| 55-59 | Angela K French | 22:30.9  | 2014 |
| 60-64 | Susan B Gehrke  | 23:03.9  | 2013 |
| 65-69 | Jane A Treleven | 22:25.3  | 2013 |
| 70-74 | Jane A Treleven | 23:10.6  | 2018 |
| 75-79 | Louise Mihay    | 31:53.58 | 2015 |
| 80-84 | Anne Wilson     | 30:34.65 | 2023 |
| 85-89 | Anne Wilson     | 30:08.30 | 2024 |

## ROAD RUN - 5 K - MEN

|       |                  |          |      |
|-------|------------------|----------|------|
| 50-54 | David B Richard  | 17:23.4  | 2004 |
| 55-59 | David B Richard  | 18:22.1  | 2008 |
| 60-64 | Craig W Andersen | 18:44.6  | 2008 |
| 65-69 | Craig W Andersen | 19:20.1  | 2012 |
| 70-74 | Ed Heckard       | 23:05.50 | 2016 |
| 75-79 | Ed Heckard       | 23:25.62 | 2022 |
| 80-84 | John Phillips    | 25:44.66 | 2023 |
| 85-89 | Keith H Wood     | 32:00.70 | 2015 |
| 90-94 | Keith H Wood     | 45:58.90 | 2021 |

## ROAD RUN - 10 K - WOMEN

|       |                   |          |      |
|-------|-------------------|----------|------|
| 50-54 | Jodie L Bolt      | 46:10.64 | 2016 |
| 55-59 | Jodie L Bolt      | 46:32.50 | 2021 |
| 60-64 | Karen E Schoessel | 48:40.1  | 2013 |
| 65-69 | Donna Y Jackson   | 49:17.57 | 2015 |
| 70-74 | Judy Fisher       | 49:51.97 | 2015 |
| 75-79 | Billie Smith      | 1:04:38  | 2001 |

## ROAD RUN - 10 K - MEN

|       |                 |           |      |
|-------|-----------------|-----------|------|
| 50-54 | David B Richard | 35:30     | 2003 |
| 55-59 | David B Richard | 38:45.5   | 2011 |
| 60-64 | Mickey E Allen  | 41:30.49  | 2016 |
| 65-69 | Patrick D White | 40:53.80  | 2024 |
| 70-74 | Jerry R Roberts | 42:10.45  | 2022 |
| 75-79 | Paul J Flanagan | 49:38.3   | 2008 |
| 80-84 | Paul J Flanagan | 52:38.2   | 2011 |
| 85-89 | Keith H Wood    | 1:06:20.5 | 2014 |

## Rock Climbing

### ROCK CLIMBING - INDIVIDUAL - WOMEN

|       |                  |      |      |
|-------|------------------|------|------|
| 50-54 | Julie D Forth    | 3000 | 2024 |
| 55-59 | Karen A Hume     | 3750 | 2024 |
| 60-64 | Grace O Dugger   | 3600 | 2024 |
| 65-69 | Diana L Pentland | 4250 | 2024 |
| 70-74 | Noelle R Price   | 3050 | 2024 |

### ROCK CLIMBING - INDIVIDUAL - MEN

|       |                     |      |      |
|-------|---------------------|------|------|
| 50-54 | Clifton T Hashimoto | 4650 | 2024 |
| 55-59 | Christoph Franklin  | 4400 | 2024 |
| 60-64 | Ken A Thomas        | 3950 | 2024 |
| 65-69 | Scott D Roth        | 3350 | 2024 |
| 70-74 | John R Laing        | 3650 | 2024 |
| 75-79 | Bill H Evans        | 1850 | 2019 |
| 80-84 | Bill H Evans        | 1800 | 2023 |

## Swimming

### SWIMMING - 25 YD FREESTYLE - WOMEN

|       |                        |       |      |
|-------|------------------------|-------|------|
| 50-54 | Nellis Y Kim           | 14.41 | 2022 |
| 55-59 | Tammy K Wilson         | 13.98 | 2017 |
| 60-64 | Ann Peterson Sheerer   | 13.84 | 2011 |
| 65-69 | Gloria Waggoner        | 15.14 | 2015 |
| 70-74 | Suzie Aldrich          | 17.39 | 2014 |
| 75-79 | Susanne Zimsen         | 19.52 | 2016 |
| 80-84 | Carol A Podoll         | 21.70 | 2023 |
| 85-89 | Evelyn R Hoffman       | 31.87 | 2003 |
| 90-94 | Marjorie J Wintersteen | 37.75 | 2011 |
| 95-99 | Evelyn R Hoffman       | 52.60 | 2014 |

# Washington State Senior Games - Records (2001 through 2024)

## SWIMMING - 25 YD FREESTYLE - MEN

|       |                   |       |      |
|-------|-------------------|-------|------|
| 50-54 | Tom A Puddy       | 12.08 | 2003 |
| 55-59 | James L Mange     | 12.09 | 2013 |
| 60-64 | Brent C Washburne | 12.02 | 2023 |
| 65-69 | Peter T Hansen    | 12.38 | 2021 |
| 70-74 | Bob E Jacobs      | 13.43 | 2011 |
| 75-79 | Bob E Jacobs      | 13.83 | 2016 |
| 80-84 | Robert T Pilger   | 13.73 | 2024 |
| 85-89 | Richard R Knight  | 16.88 | 2018 |
| 90-94 | Richard R Knight  | 21.36 | 2023 |

## SWIMMING - 25 YD BACKSTROKE - WOMEN

|       |                        |       |      |
|-------|------------------------|-------|------|
| 50-54 | Zena H Courtney        | 15.20 | 2012 |
| 55-59 | Bonnie S Raume         | 21.49 | 2001 |
| 60-64 | Victoria W Sheldon     | 22.60 | 2008 |
| 65-69 | Suzie Aldrich          | 19.53 | 2012 |
| 70-74 | Suzie Aldrich          | 19.90 | 2014 |
| 75-79 | Andrea M Hunt          | 22.92 | 2023 |
| 80-84 | Elizabeth F Naylor     | 29.50 | 2015 |
| 85-89 | Elizabeth F Naylor     | 15.44 | 2019 |
| 90-94 | Marjorie J Wintersteen | 46.74 | 2011 |
| 95-99 | Evelyn R Hoffman       | 56.47 | 2014 |

## SWIMMING - 25 YD BACKSTROKE - MEN

|       |                  |       |      |
|-------|------------------|-------|------|
| 50-54 | Carl B Haynie    | 13.45 | 2014 |
| 55-59 | Carl B Haynie    | 13.56 | 2015 |
| 60-64 | Carl B Haynie    | 14.10 | 2021 |
| 65-69 | Scott M Thompson | 15.94 | 2018 |
| 70-74 | Bob E Jacobs     | 17.01 | 2012 |
| 75-79 | Steve W Fogg     | 16.89 | 2023 |
| 80-84 | Craig Walker     | 19.68 | 2022 |
| 85-89 | Richard R Knight | 22.04 | 2018 |
| 90-94 | Richard R Knight | 26.03 | 2023 |

## SWIMMING - 25 YD BREASTSTROKE - WOMEN

|       |                    |         |      |
|-------|--------------------|---------|------|
| 50-54 | Nellis Y Kim       | 18.57   | 2022 |
| 55-59 | Tammy K Wilson     | 18.02   | 2017 |
| 60-64 | Emily Ghilarducci  | 18.10   | 2024 |
| 65-69 | Gloria Waggoner    | 19.79   | 2015 |
| 70-74 | Sue R Warren       | 22.02   | 2012 |
| 75-79 | Dolores J Odendahl | 30.48   | 2011 |
| 80-84 | Carol A Podoll     | 30.14   | 2023 |
| 95-99 | Evelyn R Hoffman   | 1:19.43 | 2014 |

## SWIMMING - 25 YD BREASTSTROKE - MEN

|       |                    |       |      |
|-------|--------------------|-------|------|
| 50-54 | Patrick B McGinley | 15.86 | 2016 |
| 55-59 | Carl B Haynie      | 13.39 | 2019 |
| 60-64 | Rick K Howell      | 13.81 | 2019 |
| 65-69 | Rick K Howell      | 15.22 | 2024 |
| 70-74 | Bob E Jacobs       | 17.87 | 2011 |
| 75-79 | Neil Reeder        | 18.68 | 2024 |
| 80-84 | Richard R Knight   | 21.05 | 2013 |
| 85-89 | Richard R Knight   | 22.64 | 2018 |
| 90-94 | Richard R Knight   | 26.46 | 2023 |

## SWIMMING - 25 YD BUTTERFLY - WOMEN

|       |                    |       |      |
|-------|--------------------|-------|------|
| 50-54 | Nellis Y Kim       | 15.36 | 2022 |
| 55-59 | Jill Marie Asch    | 13.65 | 2021 |
| 60-64 | Linda J Stevens    | 16.05 | 2018 |
| 65-69 | Mimi M Arnett      | 17.79 | 2021 |
| 70-74 | Pam M Baker        | 18.97 | 2024 |
| 75-79 | Annette M Kirk     | 26.48 | 2010 |
| 80-84 | Bernice M Phillips | 34.0  | 2007 |
| 85-89 | Pat L Matthiesen   | 42.93 | 2001 |

## SWIMMING - 25 YD BUTTERFLY - MEN

|       |                  |       |      |
|-------|------------------|-------|------|
| 50-54 | Tom A Puddy      | 13.25 | 2003 |
| 55-59 | Carl B Haynie    | 12.75 | 2019 |
| 60-64 | Sonny Garrett    | 10.87 | 2006 |
| 65-69 | Scott M Thompson | 14.39 | 2018 |
| 70-74 | Bob E Jacobs     | 14.58 | 2011 |
| 75-79 | Bob E Jacobs     | 15.22 | 2016 |
| 80-84 | Robert T Pilger  | 14.91 | 2024 |
| 85-89 | Jack R Fritz     | 45.85 | 2018 |

## SWIMMING - 50 YD FREESTYLE - WOMEN

|       |                    |         |      |
|-------|--------------------|---------|------|
| 50-54 | Lori B Clark       | 28.51   | 2008 |
| 55-59 | Jill Marie Asch    | 27.21   | 2021 |
| 60-64 | Tammy K Wilson     | 30.18   | 2021 |
| 65-69 | Tammy K Wilson     | 30.34   | 2023 |
| 70-74 | Candace A Jacobs   | 34.00   | 2022 |
| 75-79 | Susanne Zimsen     | 42.04   | 2016 |
| 80-84 | Gloria M Tolaro    | 45.42   | 2010 |
| 85-89 | Elizabeth F Naylor | 54.29   | 2016 |
| 90-94 | Evelyn R Hoffman   | 1:23.67 | 2009 |
| 95-99 | Evelyn R Hoffman   | 1:54.14 | 2013 |

## SWIMMING - 50 YD FREESTYLE - MEN

|       |                   |         |      |
|-------|-------------------|---------|------|
| 50-54 | Rick D Parnell    | 26.11   | 2009 |
| 55-59 | Carl B Haynie     | 25.34   | 2015 |
| 60-64 | Vinus Van Baalen  | 25.65   | 2006 |
| 65-69 | Vinus Van Baalen  | 26.14   | 2008 |
| 70-74 | John W Radimer    | 27.94   | 2019 |
| 75-79 | Steven B Peterson | 33.34   | 2024 |
| 80-84 | Robert T Pilger   | 30.63   | 2024 |
| 85-89 | David T Newton    | 43.76   | 2012 |
| 90-94 | Harlie A Peterson | 1:13.28 | 2011 |

## SWIMMING - 50 YD BACKSTROKE - WOMEN

|       |                    |         |      |
|-------|--------------------|---------|------|
| 50-54 | Zena H Courtney    | 32.37   | 2012 |
| 55-59 | Jill Marie Asch    | 33.23   | 2021 |
|       | Lori B Clark       | 33.23   | 2012 |
| 60-64 | Candace A Jacobs   | 42.26   | 2014 |
| 65-69 | Suzie Aldrich      | 41.53   | 2011 |
| 70-74 | Candace A Jacobs   | 44.25   | 2022 |
| 75-79 | Andrea M Hunt      | 47.32   | 2023 |
| 80-84 | Gloria M Tolaro    | 51.23   | 2010 |
| 85-89 | Elizabeth F Naylor | 1:07.61 | 2016 |
| 90-94 | Evelyn R Hoffman   | 1:19.26 | 2008 |
| 95-99 | Evelyn R Hoffman   | 1:52.57 | 2013 |

# Washington State Senior Games - Records (2001 through 2024)

## SWIMMING - 50 YD BACKSTROKE - MEN

|       |                  |       |      |
|-------|------------------|-------|------|
| 50-54 | Carl B Haynie    | 29.04 | 2014 |
| 55-59 | Carl B Haynie    | 28.53 | 2016 |
| 60-64 | Carl B Haynie    | 29.46 | 2021 |
| 65-69 | Vinus Van Baalen | 31.24 | 2008 |
| 70-74 | Jack M Farnan    | 29.77 | 2022 |
| 75-79 | Dan L Kirkland   | 34.59 | 2024 |
| 80-84 | Thomas D Rigley  | 47.21 | 2008 |
| 85-89 | Richard R Knight | 50.45 | 2018 |
| 90-94 | Richard R Knight | 54.57 | 2023 |

## SWIMMING - 100 YD FREESTYLE - MEN

|       |                    |         |      |
|-------|--------------------|---------|------|
| 50-54 | Rick D Parnell     | 56.82   | 2010 |
| 55-59 | Carl B Haynie      | 55.83   | 2016 |
| 60-64 | Alain R Steenbeeke | 56.65   | 2024 |
| 65-69 | Peter T Hansen     | 58.67   | 2021 |
| 70-74 | John W Radimer     | 1:01.12 | 2019 |
| 75-79 | Steve W Fogg       | 1:13.66 | 2023 |
| 80-84 | Robert T Pilger    | 1:12.29 | 2024 |
| 85-89 | David T Newton     | 1:45.07 | 2012 |
| 90-94 | Herb J Larson      | 3:55.40 | 2024 |

## SWIMMING - 50 YD BREASTSTROKE - WOMEN

|       |                  |         |      |
|-------|------------------|---------|------|
| 50-54 | Nellis Y Kim     | 41.01   | 2022 |
| 55-59 | Tammy K Wilson   | 38.42   | 2013 |
| 60-64 | Tammy K Wilson   | 38.69   | 2018 |
| 65-69 | Tammy K Wilson   | 38.91   | 2023 |
| 70-74 | Sue R Warren     | 49.87   | 2011 |
| 75-79 | Susanne Zimsen   | 55.01   | 2016 |
| 80-84 | Gloria M Tolaro  | 1:03.08 | 2010 |
| 85-89 | Yenny van Dinter | 1:13.23 | 2023 |
| 90-94 | Yenny van Dinter | 1:17.55 | 2024 |

## SWIMMING - 100 YD BACKSTROKE - WOMEN

|       |                    |         |      |
|-------|--------------------|---------|------|
| 50-54 | Zena H Courtney    | 1:09.81 | 2012 |
| 55-59 | Lori B Clark       | 1:20.16 | 2010 |
| 60-64 | Wendy E Hoffman    | 1:31.80 | 2024 |
| 65-69 | Suzie Aldrich      | 1:32.81 | 2012 |
| 70-74 | Andrea M Hunt      | 1:34.93 | 2018 |
| 75-79 | Andrea M Hunt      | 1:38.45 | 2023 |
| 80-84 | Bernice M Phillips | 2:01.67 | 2008 |
| 85-89 | Elizabeth F Naylor | 2:32.32 | 2016 |
| 90-94 | Lee G Holm         | 3:15.19 | 2004 |

## SWIMMING - 50 YD BREASTSTROKE - MEN

|       |                   |         |      |
|-------|-------------------|---------|------|
| 50-54 | Carl B Haynie     | 32.27   | 2014 |
| 55-59 | Rick Colella      | 30.81   | 2008 |
| 60-64 | Rick K Howell     | 31.42   | 2019 |
| 65-69 | Rick K Howell     | 33.40   | 2024 |
| 70-74 | Steven B Peterson | 36.80   | 2016 |
| 75-79 | Steven B Peterson | 40.76   | 2024 |
| 80-84 | Richard R Knight  | 48.06   | 2013 |
| 85-89 | Gene L Stanley    | 1:07.77 | 2012 |
| 90-94 | Harlie A Peterson | 2:01.96 | 2011 |

## SWIMMING - 100 YD BACKSTROKE - MEN

|       |                    |         |      |
|-------|--------------------|---------|------|
| 50-54 | Carl B Haynie      | 1:00.63 | 2014 |
| 55-59 | Carl B Haynie      | 1:00.53 | 2015 |
| 60-64 | Carl B Haynie      | 1:03.37 | 2021 |
| 65-69 | Gary L Benson      | 1:16.70 | 2018 |
| 70-74 | Dan L Kirkland     | 1:10.78 | 2021 |
| 75-79 | John H Ehrenreich  | 1:44.40 | 2006 |
| 80-84 | Gene L Stanley     | 2:12.34 | 2007 |
| 85-89 | George M Roudebush | 2:19.78 | 2010 |
| 90-94 | Richard R Knight   | 2:03.18 | 2023 |

## SWIMMING - 50 YD BUTTERFLY - WOMEN

|       |                  |         |      |
|-------|------------------|---------|------|
| 50-54 | Lori B Clark     | 31.40   | 2008 |
| 55-59 | Jill Marie Asch  | 30.39   | 2021 |
| 60-64 | Arlene Delmage   | 32.19   | 2024 |
| 65-69 | Tammy K Wilson   | 36.20   | 2023 |
| 70-74 | Candace A Jacobs | 44.05   | 2022 |
| 75-79 | Barb J Johnson   | 58.87   | 2023 |
| 80-84 | Mary MacClellan  | 1:30.20 | 2024 |
| 85-89 | Pat L Matthiesen | 1:39.62 | 2001 |

## SWIMMING - 100 YD BREASTSTROKE - WOMEN

|       |                  |         |      |
|-------|------------------|---------|------|
| 50-54 | Nellis Y Kim     | 1:30.54 | 2022 |
| 55-59 | Tammy K Wilson   | 1:22.47 | 2013 |
| 60-64 | Tammy K Wilson   | 1:24.33 | 2018 |
| 65-69 | Tammy K Wilson   | 1:25.95 | 2023 |
| 70-74 | Sue R Warren     | 1:48.51 | 2011 |
| 75-79 | Susanne Zimsen   | 2:10.76 | 2018 |
| 80-84 | Gloria M Tolaro  | 2:17.88 | 2012 |
| 85-89 | Yenny van Dinter | 2:42.35 | 2023 |
| 90-94 | Yenny van Dinter | 2:50.26 | 2024 |

## SWIMMING - 50 YD BUTTERFLY - MEN

|       |                   |       |      |
|-------|-------------------|-------|------|
| 50-54 | Kirby D Schaufler | 29.58 | 2011 |
| 55-59 | Carl B Haynie     | 28.57 | 2016 |
| 60-64 | Sonny Garrett     | 29.86 | 2006 |
| 65-69 | Vinus Van Baalen  | 31.23 | 2008 |
| 70-74 | John W Radimer    | 31.47 | 2019 |
| 75-79 | Bob E Jacobs      | 37.50 | 2017 |
| 80-84 | Robert T Pilger   | 36.79 | 2024 |

## SWIMMING - 100 YD BREASTSTROKE - MEN

|       |                   |         |      |
|-------|-------------------|---------|------|
| 50-54 | Carl B Haynie     | 1:11.89 | 2014 |
| 55-59 | Rick Colella      | 1:06.67 | 2008 |
| 60-64 | Carl B Haynie     | 1:09.61 | 2022 |
| 65-69 | Rick K Howell     | 1:14.52 | 2024 |
| 70-74 | Steven B Peterson | 1:21.16 | 2016 |
| 75-79 | Steven B Peterson | 1:28.50 | 2024 |
| 80-84 | Thomas T Taylor   | 1:57.32 | 2014 |
| 85-89 | Jack R Fritz      | 2:57.29 | 2019 |

## SWIMMING - 100 YD FREESTYLE - WOMEN

|       |                   |         |      |
|-------|-------------------|---------|------|
| 50-54 | Erin K Burgman    | 1:00.96 | 2012 |
| 55-59 | Lori B Clark      | 1:04.44 | 2012 |
| 60-64 | Tammy K Wilson    | 1:07.07 | 2018 |
| 65-69 | Tammy K Wilson    | 1:07.81 | 2023 |
| 70-74 | Candace A Jacobs  | 1:20.38 | 2022 |
| 75-79 | Peg A Cloutier    | 1:37.24 | 2010 |
| 80-84 | Gloria M Tolaro   | 1:51.51 | 2011 |
| 85-89 | Marion K Chadwick | 2:33.83 | 2006 |
| 90-94 | Lee G Holm        | 3:24.29 | 2004 |

## SWIMMING - 100 YD BUTTERFLY - WOMEN

|       |                    |         |      |
|-------|--------------------|---------|------|
| 50-54 | Wendy E Hoffman    | 1:34.01 | 2014 |
| 55-59 | Tammy K Wilson     | 1:17.64 | 2013 |
| 60-64 | Arlene Delmage     | 1:11.35 | 2024 |
| 65-69 | Elizabeth K Kassen | 1:22.45 | 2019 |

# Washington State Senior Games - Records (2001 through 2024)

## SWIMMING - 100 YD BUTTERFLY - MEN

|       |                  |         |      |
|-------|------------------|---------|------|
| 50-54 | Mike Kadi        | 1:05.74 | 2014 |
| 55-59 | Rick Colella     | 1:00.04 | 2008 |
| 60-64 | Dan C Smith      | 1:09.38 | 2023 |
| 65-69 | Scott M Thompson | 1:19.42 | 2018 |
| 70-74 | Scott M Thompson | 1:21.67 | 2021 |
| 75-79 | Bob E Jacobs     | 1:34.79 | 2016 |
| 80-84 | Craig Walker     | 5:01.52 | 2022 |

## SWIMMING - 100 YD IM - WOMEN

|       |                  |         |      |
|-------|------------------|---------|------|
| 50-54 | Zena H Courtney  | 1:12.57 | 2012 |
| 55-59 | Lori B Clark     | 1:12.68 | 2012 |
| 60-64 | Tammy K Wilson   | 1:19.11 | 2021 |
| 65-69 | Tammy K Wilson   | 1:18.90 | 2023 |
| 70-74 | Candace A Jacobs | 1:37.39 | 2022 |
| 75-79 | Andrea M Hunt    | 1:48.22 | 2023 |
| 80-84 | Gloria M Tolaro  | 2:12.04 | 2012 |
| 85-89 | Evelyn R Hoffman | 3:36.77 | 2007 |
| 90-94 | Evelyn R Hoffman | 3:43.58 | 2008 |
| 95-99 | Evelyn R Hoffman | 6:06.20 | 2013 |

## SWIMMING - 100 YD IM - MEN

|       |                    |         |      |
|-------|--------------------|---------|------|
| 50-54 | Mike Kadi          | 1:07.65 | 2014 |
| 55-59 | Carl B Haynie      | 1:01.56 | 2019 |
| 60-64 | Gerald F Cermak    | 1:09.51 | 2023 |
| 65-69 | Vinus Van Baalen   | 1:10.96 | 2008 |
| 70-74 | John W Radimer     | 1:14.07 | 2019 |
| 75-79 | Bob E Jacobs       | 1:27.48 | 2017 |
| 80-84 | Bob E Jacobs       | 1:44.75 | 2024 |
| 85-89 | George M Roudebush | 2:42.21 | 2010 |

## SWIMMING - 200 YD FREESTYLE - WOMEN

|       |                    |         |      |
|-------|--------------------|---------|------|
| 50-54 | Erin K Burgman     | 2:18.82 | 2012 |
| 55-59 | Tammy K Wilson     | 2:24.84 | 2014 |
| 60-64 | Arlene Delmage     | 2:22.64 | 2024 |
| 65-69 | Elizabeth K Kassen | 2:40.19 | 2017 |
| 70-74 | Anne P Olson       | 3:10.37 | 2008 |
| 75-79 | Jill D Fritz       | 3:07.40 | 2019 |
| 80-84 | Jill D Fritz       | 3:47.42 | 2021 |
| 85-89 | Pat L Matthiesen   | 5:41.57 | 2001 |
| 90-94 | Lee G Holm         | 6:50.41 | 2004 |

## SWIMMING - 200 YD FREESTYLE - MEN

|       |                |         |      |
|-------|----------------|---------|------|
| 50-54 | Rick D Parnell | 2:05.70 | 2010 |
| 55-59 | Dan L Kirkland | 2:07.60 | 2007 |
| 60-64 | Dan L Kirkland | 2:08.45 | 2010 |
| 65-69 | Kyle W Geiger  | 2:19.44 | 2023 |
| 70-74 | Dan L Kirkland | 2:15.25 | 2021 |
| 75-79 | Bill King      | 2:54.14 | 2008 |
| 80-84 | Earl N Ellis   | 3:15.84 | 2016 |
| 85-89 | Jack R Fritz   | 4:13.64 | 2018 |

## SWIMMING - 200 YD BACKSTROKE - WOMEN

|       |                    |         |      |
|-------|--------------------|---------|------|
| 50-54 | Zena H Courtney    | 2:33.24 | 2012 |
| 55-59 | Lori B Clark       | 2:58.00 | 2010 |
| 60-64 | Wendy E Hoffman    | 3:03.62 | 2023 |
| 65-69 | Suzie Aldrich      | 3:27.12 | 2012 |
| 70-74 | Andrea M Hunt      | 3:16.77 | 2018 |
| 75-79 | Andrea M Hunt      | 3:23.17 | 2023 |
| 80-84 | Jill D Fritz       | 4:22.53 | 2021 |
| 85-89 | Elizabeth F Naylor | 5:28.63 | 2016 |
| 90-94 | Lee G Holm         | 6:43.54 | 2004 |

## SWIMMING - 200 YD BACKSTROKE - MEN

|       |                    |         |      |
|-------|--------------------|---------|------|
| 50-54 | Carl B Haynie      | 2:18.08 | 2013 |
| 55-59 | Carl B Haynie      | 2:12.62 | 2017 |
| 60-64 | Carl B Haynie      | 2:16.86 | 2022 |
| 65-69 | Dan L Kirkland     | 2:26.66 | 2014 |
| 70-74 | Dan L Kirkland     | 2:31.67 | 2021 |
| 75-79 | Dan L Kirkland     | 2:33.19 | 2024 |
| 80-84 | Gene L Stanley     | 4:55.25 | 2009 |
| 85-89 | George M Roudebush | 4:59.21 | 2010 |

## SWIMMING - 200 YD BREASTSTROKE - WOMEN

|       |                     |         |      |
|-------|---------------------|---------|------|
| 50-54 | Nellis Y Kim        | 3:12.56 | 2022 |
| 55-59 | Tammy K Wilson      | 3:00.39 | 2013 |
| 60-64 | Tammy K Wilson      | 3:17.23 | 2022 |
| 65-69 | Margaret Hair       | 3:21.49 | 2022 |
| 70-74 | Charlotte Davis     | 3:26.79 | 2024 |
| 75-79 | Ginger L Pierson    | 3:56.20 | 2021 |
| 80-84 | Grietje Rita Watson | 5:36.26 | 2010 |
| 85-89 | Yenny van Dinter    | 5:57.30 | 2023 |
| 90-94 | Yenny van Dinter    | 6:16.95 | 2024 |

## SWIMMING - 200 YD BREASTSTROKE - MEN

|       |                   |         |      |
|-------|-------------------|---------|------|
| 50-54 | James L Mange     | 2:50.80 | 2012 |
| 55-59 | Rick Colella      | 2:25.62 | 2008 |
| 60-64 | Rick K Howell     | 2:38.59 | 2019 |
| 65-69 | Rick K Howell     | 2:46.49 | 2024 |
| 70-74 | Steven B Peterson | 2:59.77 | 2016 |
| 75-79 | Steven B Peterson | 3:05.80 | 2022 |
| 80-84 | Thomas T Taylor   | 4:15.54 | 2014 |
| 85-89 | Jack R Fritz      | 6:56.54 | 2019 |

## SWIMMING - 200 YD BUTTERFLY - WOMEN

|       |                    |         |      |
|-------|--------------------|---------|------|
| 50-54 | Phyllis E Quinn    | 3:20.04 | 2008 |
| 55-59 | Elizabeth K Kassen | 3:19.96 | 2011 |
| 60-64 | Arlene Delmage     | 2:39.54 | 2024 |
| 65-69 | Elizabeth K Kassen | 3:40.23 | 2018 |
| 75-79 | Ginger L Pierson   | 4:48.38 | 2021 |

## SWIMMING - 200 YD BUTTERFLY - MEN

|       |                   |          |      |
|-------|-------------------|----------|------|
| 50-54 | Kirby D Schaufler | 2:42.90  | 2011 |
| 55-59 | Carl B Haynie     | 2:41.26  | 2017 |
| 60-64 | Rick K Howell     | 2:57.10  | 2021 |
| 65-69 | Scott M Thompson  | 3:09.19  | 2018 |
| 70-74 | Scott M Thompson  | 3:11.74  | 2021 |
| 80-84 | Craig Walker      | 11:11.40 | 2022 |

## SWIMMING - 200 YD IM - WOMEN

|       |                    |         |      |
|-------|--------------------|---------|------|
| 50-54 | Phyllis E Quinn    | 2:56.73 | 2008 |
| 55-59 | Tammy K Wilson     | 2:41.21 | 2014 |
| 60-64 | Tammy K Wilson     | 2:57.23 | 2022 |
| 65-69 | Elizabeth K Kassen | 3:23.87 | 2019 |
| 70-74 | Charlotte Davis    | 2:58.80 | 2024 |
| 75-79 | Ginger L Pierson   | 4:00.23 | 2021 |
| 80-84 | Marion K Chadwick  | 7:16.72 | 2001 |
| 85-89 | Pat L Matthiesen   | 6:47.47 | 2001 |

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## SWIMMING - 200 YD IM - MEN

|       |                   |         |      |
|-------|-------------------|---------|------|
| 50-54 | Carl B Haynie     | 2:23.26 | 2011 |
| 55-59 | Rick Colella      | 2:14.59 | 2008 |
| 60-64 | Dan C Smith       | 2:31.17 | 2023 |
| 65-69 | Steven B Peterson | 2:41.72 | 2011 |
| 70-74 | Steven B Peterson | 2:49.41 | 2018 |
| 75-79 | Steven B Peterson | 3:00.68 | 2022 |
| 80-84 | Herb J Larson     | 6:41.45 | 2010 |

## SWIMMING - 400 YD IM - WOMEN

|       |                    |         |      |
|-------|--------------------|---------|------|
| 50-54 | Nellis Y Kim       | 6:22.10 | 2023 |
| 55-59 | Wendy E Hoffman    | 6:32.74 | 2017 |
| 60-64 | Wendy E Hoffman    | 6:17.75 | 2023 |
| 65-69 | Elizabeth K Kassen | 6:58.50 | 2018 |
| 75-79 | Ginger L Pierson   | 8:38.05 | 2021 |

## SWIMMING - 400 YD IM - MEN

|       |                    |         |      |
|-------|--------------------|---------|------|
| 50-54 | Patrick B McGinley | 5:52.16 | 2016 |
| 55-59 | Carl B Haynie      | 5:24.94 | 2018 |
| 60-64 | Carl B Haynie      | 5:45.67 | 2022 |
| 65-69 | Gary L Benson      | 5:58.38 | 2018 |
| 70-74 | Scott M Thompson   | 6:28.71 | 2022 |
| 75-79 | Dan L Kirkland     | 5:55.05 | 2024 |

## SWIMMING - 500 YD FREESTYLE - WOMEN

|       |                    |          |      |
|-------|--------------------|----------|------|
| 50-54 | Zena H Courtney    | 6:01.12  | 2012 |
| 55-59 | Elizabeth K Kassen | 6:41.41  | 2011 |
| 60-64 | Elizabeth K Kassen | 6:39.55  | 2016 |
| 65-69 | Elizabeth K Kassen | 7:01.77  | 2017 |
| 70-74 | Charlotte Davis    | 6:48.93  | 2024 |
| 75-79 | Andrea M Hunt      | 8:23.89  | 2023 |
| 80-84 | Jill D Fritz       | 10:09.62 | 2021 |
| 85-89 | Marion K Chadwick  | 15:15.72 | 2006 |
| 90-94 | Lee G Holm         | 17:56.14 | 2004 |

## SWIMMING - 500 YD FREESTYLE - MEN

|       |                  |          |      |
|-------|------------------|----------|------|
| 50-54 | Rick D Parnell   | 5:50.05  | 2010 |
| 55-59 | Rick Colella     | 5:23.32  | 2008 |
| 60-64 | Dan L Kirkland   | 5:46.65  | 2010 |
| 65-69 | Dan L Kirkland   | 5:40.83  | 2014 |
| 70-74 | Dan L Kirkland   | 5:57.68  | 2022 |
| 75-79 | Dan L Kirkland   | 6:01.36  | 2024 |
| 80-84 | Thomas T Taylor  | 8:13.49  | 2014 |
| 85-89 | Jack R Fritz     | 11:30.26 | 2018 |
| 90-94 | Richard R Knight | 11:37.84 | 2023 |

## Track and Field

### TRACK AND FIELD - 50 M - WOMEN

|       |                    |       |      |
|-------|--------------------|-------|------|
| 50-54 | Jana R Gedde       | 7.41  | 2008 |
| 55-59 | Candy M Puterbaugh | 7.83  | 2004 |
| 60-64 | Daphne A Scott     | 7.88  | 2024 |
| 65-69 | Joyce Trader       | 7.79  | 2004 |
| 70-74 | Madonna B Hanna    | 8.83  | 2024 |
| 75-79 | Christa Bortignon  | 8.72  | 2014 |
| 80-84 | Christa Bortignon  | 9.17  | 2017 |
| 85-89 | Christa Bortignon  | 9.60  | 2024 |
| 90-94 | Arlene Cipriano    | 18.44 | 2022 |

### TRACK AND FIELD - 50 M - MEN

|       |                   |       |      |
|-------|-------------------|-------|------|
| 50-54 | Willie Venable    | 6.26  | 2004 |
| 55-59 | Craig E Wood      | 6.69  | 2024 |
| 60-64 | Michael D Waller  | 6.82  | 2022 |
| 65-69 | Charlie J Brocato | 7.29  | 2011 |
| 70-74 | Randy O Stevens   | 7.34  | 2024 |
| 75-79 | Ray Guimary       | 7.70  | 2004 |
| 80-84 | Charlie J Brocato | 8.12  | 2024 |
| 85-89 | Roger C Vergin    | 9.20  | 2022 |
| 90-94 | Gilbert M Splaine | 9.88  | 2010 |
| 95-99 | Gilbert M Splaine | 12.73 | 2015 |

### TRACK AND FIELD - 100 M - WOMEN

|       |                   |       |      |
|-------|-------------------|-------|------|
| 50-54 | Jana R Gedde      | 13.72 | 2008 |
| 55-59 | Karlyne M Fazio   | 14.55 | 2012 |
| 60-64 | Daphne A Scott    | 14.89 | 2024 |
| 65-69 | Joyce Trader      | 15.32 | 2004 |
| 70-74 | Joyce Trader      | 17.10 | 2006 |
| 75-79 | Christa Bortignon | 16.17 | 2014 |
| 80-84 | Christa Bortignon | 17.72 | 2017 |
| 85-89 | Christa Bortignon | 18.50 | 2023 |
| 90-94 | Mabel O'Hare      | 31.0  | 2002 |

### TRACK AND FIELD - 100 M - MEN

|       |                   |       |      |
|-------|-------------------|-------|------|
| 50-54 | Craig E Wood      | 12.13 | 2019 |
| 55-59 | Craig E Wood      | 11.53 | 2024 |
| 60-64 | Michael D Waller  | 12.86 | 2021 |
| 65-69 | Paul F Edens      | 13.02 | 2006 |
| 70-74 | Charlie J Brocato | 13.98 | 2014 |
| 75-79 | Daniel Parker     | 15.19 | 2023 |
| 80-84 | Charlie J Brocato | 15.41 | 2024 |
| 85-89 | Roger C Vergin    | 18.51 | 2022 |
| 90-94 | Roar L Irgens     | 23.10 | 2021 |

### TRACK AND FIELD - 200 M - WOMEN

|       |                         |         |      |
|-------|-------------------------|---------|------|
| 50-54 | Amanda C Shearer-Hannah | 30.32   | 2017 |
| 55-59 | Daphne A Sluys          | 29.75   | 2016 |
| 60-64 | Daphne A Scott          | 30.71   | 2024 |
| 65-69 | Joyce Trader            | 33.02   | 2004 |
| 70-74 | Jane A Treleven         | 35.94   | 2019 |
| 75-79 | Christa Bortignon       | 34.96   | 2014 |
| 80-84 | Marlene A Knechtel      | 1:00.06 | 2017 |
| 85-89 | Christa Bortignon       | 42.24   | 2023 |

### TRACK AND FIELD - 200 M - MEN

|       |                   |       |      |
|-------|-------------------|-------|------|
| 50-54 | David E Ortman    | 24.57 | 2005 |
| 55-59 | Craig E Wood      | 23.76 | 2024 |
| 60-64 | David E Ortman    | 26.41 | 2014 |
| 65-69 | Paul F Edens      | 26.86 | 2006 |
| 70-74 | Charlie J Brocato | 29.28 | 2014 |
| 75-79 | Roger C Vergin    | 33.25 | 2014 |
| 80-84 | Charlie J Brocato | 32.60 | 2024 |
| 85-89 | Roger C Vergin    | 42.17 | 2022 |
| 90-94 | Keith H Wood      | 58.35 | 2021 |

# Washington State Senior Games - Records (2001 through 2024)

## TRACK AND FIELD - 400 M - WOMEN

|       |                         |         |      |
|-------|-------------------------|---------|------|
| 50-54 | Amanda C Shearer-Hannah | 1:11.61 | 2016 |
| 55-59 | Daphne A Sluys          | 1:08.90 | 2016 |
| 60-64 | Daphne A Scott          | 1:15.51 | 2022 |
| 65-69 | Diane Palmason          | 1:19.52 | 2007 |
| 70-74 | Jane A Treleven         | 1:20.35 | 2019 |
| 75-79 | Marina M Worsley        | 1:45.23 | 2018 |
| 80-84 | Louise Mihay            | 1:58.79 | 2021 |
| 85-89 | Anne Wilson             | 2:15.58 | 2024 |

## TRACK AND FIELD - 400 M - MEN

|       |                   |         |      |
|-------|-------------------|---------|------|
| 50-54 | Henry James       | 54.83   | 2008 |
| 55-59 | David E Ortman    | 57.76   | 2008 |
| 60-64 | David E Ortman    | 1:00.98 | 2014 |
| 65-69 | David E Ortman    | 1:01.98 | 2019 |
| 70-74 | Charlie J Brocato | 1:07.90 | 2014 |
| 75-79 | Don B Wilson      | 1:17.80 | 2024 |
| 80-84 | Charlie J Brocato | 1:16.52 | 2024 |
| 85-89 | Keith H Wood      | 1:56.14 | 2016 |
| 90-94 | Floyd A Smith     | 4:15.59 | 2023 |

## TRACK AND FIELD - 800 M - WOMEN

|       |                    |         |      |
|-------|--------------------|---------|------|
| 50-54 | Dawn R Thompson    | 2:44.14 | 2016 |
| 55-59 | Betsy M Seth       | 2:55.39 | 2014 |
| 60-64 | Candy M Puterbaugh | 2:54.77 | 2008 |
| 65-69 | Diane Palmason     | 3:16.8  | 2007 |
| 70-74 | Jane A Treleven    | 3:00.58 | 2019 |
| 75-79 | Louise Mihay       | 4:21.07 | 2019 |
| 80-84 | Louise Mihay       | 4:13.33 | 2021 |
| 85-89 | Anne Wilson        | 4:41.85 | 2024 |

## TRACK AND FIELD - 800 M - MEN

|       |                 |         |      |
|-------|-----------------|---------|------|
| 50-54 | Henry James     | 2:03.55 | 2009 |
| 55-59 | Jim Bordoni     | 2:26.87 | 2008 |
| 60-64 | Rich W Tucker   | 2:20.37 | 2005 |
| 65-69 | Herve Pastre    | 2:28.51 | 2014 |
| 70-74 | Paul Benton     | 2:48.82 | 2013 |
| 75-79 | Paul J Flanagan | 3:03.99 | 2006 |
| 80-84 | Colben K Sime   | 3:39.54 | 2015 |
| 85-89 | Keith H Wood    | 4:17.82 | 2015 |
| 90-94 | Keith H Wood    | 6:11.10 | 2021 |

## TRACK AND FIELD - 1500 M - WOMEN

|       |                    |         |      |
|-------|--------------------|---------|------|
| 50-54 | Karen M Steen      | 6:00.09 | 2014 |
| 55-59 | Gigi Cutler        | 5:33.91 | 2016 |
| 60-64 | Candy M Puterbaugh | 5:55.79 | 2007 |
| 65-69 | Kimmer Muenz       | 6:49.87 | 2024 |
| 70-74 | Louise Mihay       | 7:39.09 | 2010 |
| 75-79 | Louise Mihay       | 8:59.54 | 2015 |
| 80-84 | Louise Mihay       | 8:44.09 | 2021 |
| 85-89 | Anne Wilson        | 9:56.65 | 2024 |

## TRACK AND FIELD - 1500 M - MEN

|       |                  |          |      |
|-------|------------------|----------|------|
| 50-54 | Ben J Brauer     | 4:29.31  | 2021 |
| 55-59 | Craig W Andersen | 4:53.0   | 2004 |
| 60-64 | David B Richard  | 5:07.19  | 2014 |
| 65-69 | Herve Pastre     | 5:06.11  | 2014 |
| 70-74 | Paul Benton      | 5:50.88  | 2013 |
| 75-79 | Paul J Flanagan  | 6:30.78  | 2006 |
| 80-84 | James S Eklund   | 6:52.86  | 2015 |
| 85-89 | Keith H Wood     | 9:00.94  | 2014 |
| 90-94 | Keith H Wood     | 12:39.44 | 2021 |

## TRACK AND FIELD - HIGH JUMP - WOMEN

|       |                  |       |      |
|-------|------------------|-------|------|
| 50-54 | Carla L Hoppie   | 1.29m | 2011 |
| 55-59 | Dawn R Thompson  | 1.30m | 2024 |
| 60-64 | Marg Radcliffe   | 1.27m | 2002 |
| 65-69 | Sandy J Anderson | 1.21m | 2007 |
| 70-74 | Sandy J Anderson | 1.11m | 2012 |
| 75-79 | Fran M Melzer    | 0.99m | 2014 |
| 80-84 | Olga M Kotelko   | 0.96m | 2002 |
| 85-89 | Janice J Bradley | 0.79m | 2023 |

## TRACK AND FIELD - HIGH JUMP - MEN

|       |                    |       |      |
|-------|--------------------|-------|------|
| 50-54 | Dwight G McMaster  | 1.79m | 2011 |
| 55-59 | Jimmy G Crittenden | 1.65m | 2005 |
| 60-64 | Daniel J Cole      | 1.68m | 2009 |
| 65-69 | Ira S Allen        | 1.45m | 2023 |
| 70-74 | Les T East         | 1.46m | 2012 |
| 75-79 | Bob L Sheedy       | 1.3m  | 2016 |
| 80-84 | Roger C Vergin     | 1.19m | 2017 |
| 85-89 | Gilbert M Splaine  | 1.09m | 2008 |
| 90-94 | Gilbert M Splaine  | 0.88m | 2010 |
| 95-99 | Gilbert M Splaine  | 0.63m | 2015 |

## TRACK AND FIELD - LONG JUMP - WOMEN

|       |                   |       |      |
|-------|-------------------|-------|------|
| 50-54 | Jana R Gedde      | 4.5m  | 2008 |
| 55-59 | Nedra J Darnell   | 3.69m | 2002 |
| 60-64 | Nedra J Darnell   | 3.56m | 2006 |
| 65-69 | Joyce Trader      | 4.0m  | 2003 |
| 70-74 | Joyce Trader      | 3.13m | 2009 |
| 75-79 | Christa Bortignon | 3.44m | 2014 |
| 80-84 | Christa Bortignon | 2.95m | 2017 |
| 85-89 | Christa Bortignon | 2.82m | 2023 |

## TRACK AND FIELD - LONG JUMP - MEN

|       |                    |       |      |
|-------|--------------------|-------|------|
| 50-54 | David E Ortman     | 5.56m | 2005 |
| 55-59 | Jimmy G Crittenden | 5.67m | 2005 |
| 60-64 | Bob W Blackburn    | 5.47m | 2018 |
| 65-69 | David E Ortman     | 4.59m | 2019 |
| 70-74 | Roger C Vergin     | 4.43m | 2011 |
| 75-79 | Norm S MacLeod     | 4.02m | 2011 |
| 80-84 | Roger C Vergin     | 3.65m | 2017 |
| 85-89 | Roger C Vergin     | 2.9m  | 2022 |
| 90-94 | Gilbert M Splaine  | 2.67m | 2010 |
| 95-99 | Gilbert M Splaine  | 1.67m | 2015 |

## TRACK AND FIELD - TRIPLE JUMP - WOMEN

|       |                     |       |      |
|-------|---------------------|-------|------|
| 50-54 | Jana R Gedde        | 8.87m | 2008 |
| 55-59 | Dawn R Thompson     | 7.03m | 2024 |
| 60-64 | Elisabeth A Rollins | 7.55m | 2012 |
| 65-69 | Elisabeth A Rollins | 7.64m | 2014 |
| 70-74 | Kathy Zombor        | 5.62m | 2013 |
| 75-79 | Christa Bortignon   | 7.48m | 2014 |
| 80-84 | Christa Bortignon   | 6.65m | 2017 |
| 85-89 | Christa Bortignon   | 6.29m | 2023 |

# Washington State Senior Games - Records (2001 through 2024)

## TRACK AND FIELD - TRIPLE JUMP - MEN

|       |                |        |      |
|-------|----------------|--------|------|
| 50-54 | Kevin E Turner | 11.6m  | 2010 |
| 55-59 | Joe C Smith    | 11.03m | 2015 |
| 60-64 | Joe C Smith    | 9.99m  | 2018 |
| 65-69 | David E Ortman | 8.95m  | 2019 |
| 70-74 | Roger C Vergin | 8.45m  | 2011 |
| 75-79 | Norm S MacLeod | 8.75m  | 2011 |
| 80-84 | Roger C Vergin | 7.44m  | 2017 |
| 85-89 | Roger C Vergin | 5.81m  | 2022 |

## TRACK AND FIELD - POLE VAULT - WOMEN

|       |                  |       |      |
|-------|------------------|-------|------|
| 50-54 | Donna Schultz    | 3.04m | 2007 |
| 60-64 | Rena S Wong      | 2.59m | 2021 |
| 65-69 | Carla L Hoppie   | 2.15m | 2024 |
| 75-79 | Marina M Worsley | 1.37m | 2022 |
| 80-84 | Marina M Worsley | 1.30m | 2024 |

## TRACK AND FIELD - POLE VAULT - MEN

|       |                   |       |      |
|-------|-------------------|-------|------|
| 50-54 | Louis S Baucom    | 4.19m | 2007 |
| 55-59 | Dick Clintworth   | 3.58m | 2002 |
| 60-64 | Dennis J Phillips | 3.65m | 2008 |
| 65-69 | Phil C Milliman   | 3.2m  | 2016 |
|       | Dan L McGuinn     | 3.2m  | 2019 |
| 70-74 | Phil C Milliman   | 3.04m | 2022 |
| 75-79 | Fred N Zapf       | 2.59m | 2016 |
| 80-84 | John P Cleveland  | 2.33m | 2004 |
| 85-89 | Chuck T Milliman  | 1.82m | 2017 |
| 90-94 | Chuck T Milliman  | 1.37m | 2022 |

## TRACK AND FIELD - DISCUS - WOMEN

|       |                      |        |      |
|-------|----------------------|--------|------|
| 50-54 | Pauline M Geraci     | 24.0m  | 2010 |
| 55-59 | Yvonne M Kirkpatrick | 24.91m | 2012 |
| 60-64 | Donna M Beard        | 30.41m | 2024 |
| 65-69 | Yvonne M Kirkpatrick | 22.78m | 2019 |
| 70-74 | Yvonne M Kirkpatrick | 21.65m | 2024 |
| 75-79 | Fran M Melzer        | 18.97m | 2014 |
| 80-84 | Fran M Melzer        | 15.9m  | 2021 |
| 85-89 | Christa Bortignon    | 14.07m | 2024 |
| 90-94 | Shirley A Kincaid    | 9.31m  | 2024 |
| 95-99 | Lisbeth H Naber      | 2.30m  | 2024 |

## TRACK AND FIELD - DISCUS - MEN

|         |                   |        |      |
|---------|-------------------|--------|------|
| 100-104 | R. Leonard Krause | 6.57m  | 2021 |
| 50-54   | Lance A Neubauer  | 46.88m | 2013 |
| 55-59   | Charles C Cacek   | 43.12m | 2012 |
| 60-64   | Charles C Cacek   | 47.85m | 2017 |
| 65-69   | Bob Lawson        | 44.6m  | 2001 |
| 70-74   | Neil E Saling     | 41.7m  | 2008 |
| 75-79   | Bob Lawson        | 36.42m | 2010 |
| 80-84   | Neil E Saling     | 29.99m | 2017 |
| 85-89   | Jack S Hudgins    | 25.32m | 2013 |
| 90-94   | Dick C Harrison   | 21.33m | 2022 |
| 95-99   | R. Leonard Krause | 11.93m | 2016 |

## TRACK AND FIELD - JAVELIN - WOMEN

|       |                     |        |      |
|-------|---------------------|--------|------|
| 50-54 | Megan Gillespie     | 22.14m | 2024 |
| 55-59 | Linda G Harris      | 25.95m | 2004 |
| 60-64 | Donna M Beard       | 34.51m | 2024 |
| 65-69 | Elisabeth A Rollins | 22.86m | 2014 |
| 70-74 | Cary L Burrell      | 23.76m | 2024 |
| 75-79 | Kathy M Brand       | 17.22m | 2019 |
| 80-84 | Olga M Kotelko      | 16.33m | 2002 |
| 85-89 | Janice J Bradley    | 10.64m | 2024 |

## TRACK AND FIELD - JAVELIN - MEN

|       |                         |        |      |
|-------|-------------------------|--------|------|
| 50-54 | Paul McPherson          | 48.71m | 2002 |
| 55-59 | Thomas R Sinclair       | 51.3m  | 2012 |
| 60-64 | Rudy K Vlaardingerbroek | 44.7m  | 2008 |
| 65-69 | Gary M Stenlund         | 55.14m | 2006 |
| 70-74 | Jerry A Huhn            | 43.23m | 2011 |
| 75-79 | Jim M Backstrand        | 42.69m | 2014 |
| 80-84 | Brooks Harrison         | 31.50m | 2023 |
| 85-89 | Dick C Harrison         | 21.86m | 2017 |
| 90-94 | Dick C Harrison         | 16.12m | 2022 |

## TRACK AND FIELD - SHOT PUT - WOMEN

|         |                         |       |      |
|---------|-------------------------|-------|------|
| 100-104 | Marguerite W Kueckelhan | 1.85m | 2001 |
| 105-109 | Marguerite W Kueckelhan | 1.82m | 2002 |
| 50-54   | Carla L Hoppie          | 9.57m | 2011 |
| 55-59   | Connie B Schmidt        | 11.2m | 2013 |
| 60-64   | Connie B Schmidt        | 10.8m | 2016 |
| 65-69   | Connie L Ballard        | 9.16m | 2022 |
|         | Connie L Ballard        | 9.16m | 2024 |
| 70-74   | Lori M Buckwalter       | 7.69m | 2023 |
| 75-79   | Fran M Melzer           | 7.48m | 2014 |
| 80-84   | Janice J Bradley        | 5.84m | 2019 |
| 85-89   | Fran M Melzer           | 6.66m | 2024 |
| 90-94   | Shirley A Kincaid       | 3.61m | 2024 |
| 95-99   | Lisbeth H Naber         | 2.20m | 2024 |

## TRACK AND FIELD - SHOT PUT - MEN

|         |                   |        |      |
|---------|-------------------|--------|------|
| 100-104 | R. Leonard Krause | 3.61m  | 2021 |
| 50-54   | Jim M Patterson   | 15.68m | 2016 |
| 55-59   | Jim M Patterson   | 15.3m  | 2018 |
| 60-64   | Jerry L Ford      | 14.33m | 2009 |
| 65-69   | Jerry L Ford      | 13.09m | 2011 |
| 70-74   | Robert R Ward     | 14.3m  | 2009 |
| 75-79   | Robert R Ward     | 12.44m | 2014 |
| 80-84   | Robert R Ward     | 12.78m | 2019 |
| 85-89   | Jack S Hudgins    | 9.39m  | 2013 |
| 90-94   | Dick C Harrison   | 7.40m  | 2024 |
| 95-99   | R. Leonard Krause | 5.91m  | 2015 |

## TRACK AND FIELD - HAMMER THROW - WOMEN

|       |                      |        |      |
|-------|----------------------|--------|------|
| 50-54 | Erica L Piccolo      | 26.39m | 2019 |
| 55-59 | Joyce E Taylor       | 35.0m  | 2006 |
| 60-64 | Donna M Beard        | 42.84m | 2024 |
| 65-69 | Yvonne M Kirkpatrick | 26.13m | 2021 |
| 70-74 | Patti S Baker        | 26.44m | 2021 |
| 75-79 | Kathy M Brand        | 28.32m | 2019 |
| 80-84 | Fran M Melzer        | 23.64m | 2019 |
| 85-89 | Fran M Melzer        | 17.63m | 2024 |

# Washington State Senior Games - Records (2001 through 2024)

## TRACK AND FIELD - HAMMER THROW - MEN

|       |                   |        |      |
|-------|-------------------|--------|------|
| 50-54 | Ray E Burton      | 51.42m | 2009 |
| 55-59 | Tim R Shannon     | 46.35m | 2018 |
| 60-64 | Terry Noyes       | 54.17m | 2021 |
| 65-69 | George R Mathews  | 50.87m | 2008 |
| 70-74 | George R Mathews  | 47.72m | 2014 |
| 75-79 | Hank Konen        | 43.12m | 2021 |
| 80-84 | George R Mathews  | 43.13m | 2023 |
| 85-89 | Dick C Harrison   | 30.53m | 2017 |
| 90-94 | Harvey E Lewellen | 26.87m | 2019 |
| 95-99 | Harvey E Lewellen | DNS    | 2024 |

## TRACK AND FIELD - WEIGHT THROW - WOMEN

|       |                  |        |      |
|-------|------------------|--------|------|
| 50-54 | Catherine E Huhn | 7.46m  | 2016 |
| 55-59 | Joyce E Taylor   | 10.46m | 2008 |
| 60-64 | Donna M Beard    | 13.76m | 2024 |
| 65-69 | Patti L Kacz     | 10.46m | 2023 |
| 70-74 | Fran M Melzer    | 10.03m | 2009 |
| 75-79 | Kathy M Brand    | 10.83m | 2019 |
| 80-84 | Fran M Melzer    | 8.36m  | 2019 |
| 85-89 | Janice J Bradley | 7.59m  | 2023 |

## TRACK AND FIELD - WEIGHT THROW - MEN

|       |                   |        |      |
|-------|-------------------|--------|------|
| 50-54 | John C Thomas     | 15.08m | 2019 |
| 55-59 | Tim R Shannon     | 15.67m | 2018 |
| 60-64 | Ray E Burton      | 18.82m | 2018 |
| 65-69 | George R Mathews  | 19.86m | 2008 |
| 70-74 | George R Mathews  | 19.65m | 2014 |
| 75-79 | Hank Konen        | 16.23m | 2021 |
| 80-84 | George R Mathews  | 15.41m | 2023 |
| 85-89 | Harvey E Lewellen | 10.99m | 2018 |
| 90-94 | Harvey E Lewellen | 10.74m | 2021 |
| 95-99 | Harvey E Lewellen | DNS    | 2024 |

## TRACK AND FIELD - FOOTBALL THROW - WOMEN

|       |                    |        |      |
|-------|--------------------|--------|------|
| 50-54 | Shannon G Houlihan | 29.26m | 2010 |
| 55-59 | Shannon G Houlihan | 27.91m | 2016 |
| 60-64 | Shannon G Houlihan | 25.4m  | 2019 |
| 65-69 | Cary L Burrell     | 23.72m | 2022 |
| 70-74 | Carol A Burckhardt | 17.67m | 2016 |
| 75-79 | Janice J Bradley   | 14.3m  | 2015 |
| 80-84 | Janice J Bradley   | 12.54m | 2018 |

## TRACK AND FIELD - FOOTBALL THROW - MEN

|         |                   |        |      |
|---------|-------------------|--------|------|
| 100-104 | R. Leonard Krause | 8.91m  | 2021 |
| 50-54   | Craig E Wood      | 47.37m | 2021 |
| 55-59   | Gary R Shank      | 46.71m | 2012 |
| 60-64   | Gary R Shank      | 44.57m | 2015 |
| 65-69   | Gary R Shank      | 41.17m | 2019 |
| 70-74   | Tom E Shaw        | 37.38m | 2017 |
| 75-79   | James L Brown     | 32.61m | 2021 |
| 80-84   | Jerry A Huhn      | 28.49m | 2021 |
| 85-89   | Bill S Fleener    | 23.62m | 2022 |
| 90-94   | R. Leonard Krause | 13.03m | 2012 |
| 95-99   | R. Leonard Krause | 10.18m | 2015 |

## TRACK AND FIELD - SOFTBALL THROW - WOMEN

|       |                        |        |      |
|-------|------------------------|--------|------|
| 50-54 | Jennifer J Hogan       | 38.5m  | 2008 |
| 55-59 | Linda G Harris         | 44.6m  | 2004 |
| 60-64 | Margaret J Steeves     | 44.06m | 2013 |
| 65-69 | Margaret J Steeves     | 34.79m | 2014 |
| 70-74 | Kathleen K O'Shaunessy | 20.82m | 2015 |
| 75-79 | Fran M Melzer          | 18.31m | 2014 |
| 80-84 | Olga M Kotelko         | 23.01m | 2002 |
| 85-89 | Gertrude F Wilhelmsen  | 7.03m  | 2001 |
| 90-94 | Hilda E Zimmerman      | 4.06m  | 2018 |

## TRACK AND FIELD - SOFTBALL THROW - MEN

|         |                   |        |      |
|---------|-------------------|--------|------|
| 100-104 | R. Leonard Krause | 9.72m  | 2021 |
| 50-54   | Domenic M Ficarra | 69.59m | 2002 |
| 55-59   | Pete A Sagisi     | 71.85m | 2008 |
| 60-64   | Tully R Swanberg  | 67.65m | 2006 |
| 65-69   | Bill S Fleener    | 64.41m | 2002 |
| 70-74   | Bob Lawson        | 56.26m | 2006 |
| 75-79   | James L Brown     | 48.38m | 2021 |
| 80-84   | Gilbert M Splaine | 40.36m | 2002 |
| 85-89   | Gilbert M Splaine | 33.74m | 2006 |
| 90-94   | Gilbert M Splaine | 29.0m  | 2010 |
| 95-99   | Gilbert M Splaine | 22.45m | 2015 |

## Trap Shooting

### TRAP SHOOTING - 16 YARD SINGLES (100 TARGETS) - WOMEN

|       |                     |    |      |
|-------|---------------------|----|------|
| 50-54 | Jennifer Chevalier  | 70 | 2019 |
| 55-59 | Sharon E Graham     | 95 | 2016 |
| 65-69 | Susa R Rankhorn     | 88 | 2018 |
| 75-79 | Rosalie A Nicholson | 97 | 2017 |

### TRAP SHOOTING - 16 YARD SINGLES (100 TARGETS) - MEN

|       |                   |     |      |
|-------|-------------------|-----|------|
| 50-54 | Bob D McLendon    | 97  | 2016 |
| 55-59 | Douglas C Reimers | 100 | 2017 |
| 60-64 | Rusty E Bunn      | 98  | 2018 |
| 65-69 | Robert F Davis    | 99  | 2018 |
| 70-74 | Rudy Martinak     | 99  | 2016 |
|       | Frank W Green     | 99  | 2015 |
| 75-79 | Ronald E Hull     | 97  | 2017 |
| 80-84 | Jack W Harris     | 97  | 2018 |
| 85-89 | Bob R Davidson    | 90  | 2018 |